

What is this medication?

Typically, this therapy is used to reduce the symptoms of menopause such as hot flashes, bloating, irritability, low libido, vaginal dryness, or pain during sex, or other symptoms specified by your prescriber. This compound replaces hormones that your body may be making less of. This medicine may be used for other purposes; ask your health care provider or pharmacist if you have questions.

What should I tell my care team before I take this medication?

They need to know if you have any of these conditions: - Abnormal vaginal bleeding -Blood vessel disease or blood clots -Cancer, such as breast, cervical, endometrial, ovarian, liver, or uterine cancer -Dementia -Diabetes -Gallbladder disease -Heart disease or recent heart attack -High blood pressure -High cholesterol -High levels of calcium in your blood -Hysterectomy -Kidney disease -Liver disease -Lupus -Migraine headaches -Protein C or S deficiency -Stroke -Tobacco use -Thyroid disease -An unusual or allergic reaction to estrogens, soy, other medications, foods, dyes, or preservatives -Pregnant or trying to get pregnant -Breastfeeding

How should I use this medication?

This medication is for external use only. Do not take by mouth. Wash your hands before and after use. Do not get it in your eyes. If you do, rinse your eyes with plenty of cool tap water. Use it as directed on the prescription label at the same time every day. Do not use it more often than directed. Keep using it unless your care team tells you to stop. Apply a thin film of the medication. It is not necessary to rub or massage the gel into the skin. Allow the gel to dry for up to 5 minutes before dressing. Avoid fire, flame, or smoking until gel has dried. Overdosage: If you think you have taken too much of this medicine contact a poison control center or emergency room at once. NOTE: This medicine is only for you. Do not share this medicine with others.

What should I watch for while using this medication?

Visit your care team for regular checks on your progress. You will need a regular breast and pelvic exam. You should also discuss the need for regular mammograms with your care team, and follow their guidelines. This medication can make your body retain fluid, making your fingers, hands, or ankles swell. Your blood pressure can go up. Contact your care team if you feel you are retaining fluid. If you may be pregnant, stop taking this medication right away and contact your care team. Talk to your care team if you use tobacco products. Changes to your treatment plan may be needed. Tobacco increases the risk of getting a blood clot or having a stroke while you are taking this medication. This risk is higher if you are 35 years or older. If you wear contact lenses and notice visual changes, or if the lenses begin to feel uncomfortable, consult your eye care specialist. If you are going to have elective surgery, tell your care team you are taking this medication. You may need to stop taking this medication before the surgery. This medication can transfer from your body to others. If a person or pet comes in contact with the medication, they may have serious side effects. If you cannot avoid skin-to-skin contact, cover the application site with clothing. If accidental contact happens, wash the skin of the person or pet right away with soap and water.

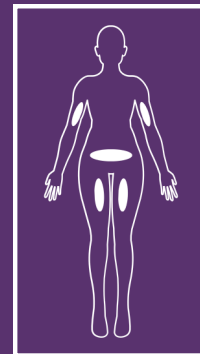
What may interact with this medication?

Do not take this medication with any of the following: -Aromatase inhibitors like aminoglutethimide, anastrozole, exemestane, letrozole, toremifene This medication may also interact with the following: -Antibiotics used to treat tuberculosis like rifabutin, rifampin and isoniazid -Raloxifene or tamoxifen -Warfarin This list may not describe all possible interactions. Give your health care provider a list of all the medicines, herbs, non-prescription drugs, or dietary supplements you use. Also tell them if you smoke, drink alcohol, or use illegal drugs. Some items may interact with your medicine.

Tips

Apply as directed by prescriber.

- Wash hands before and after each application
- Avoid skin to skin contact with other persons or pets after application. If intimate contact is anticipated, time the application for afterward. If someone is inadvertently exposed, have them wash the area with soap and water.
- Avoid swimming or bathing for at least 4 hours after application.
- Apply to 1 of the following 5 areas- rotate sites (i.e. use a different site daily): either inner thigh, either upper inner arm, abdomen below the navel.



What if I miss a dose?

If you miss a dose, use it as soon as you can. If it is almost time for your next dose, use only that dose. Do not use double or extra doses.

What side effects may I notice from receiving this medication?

Side effects that you should report to your care team as soon as possible: -Allergic reaction, skin rash, itching, hives, swelling of the face, lips, tongue, or throat -Blood clots, pain, swelling, or warmth in the leg, shortness of breath, chest pain -Breast tissue changes, new lumps, redness, pain, or discharge from the nipple -Gallbladder problem, severe stomach pain, nausea, vomiting, fever -Increase in blood pressure -Liver injury, right upper belly pain, loss of appetite, nausea, light-colored stool, dark yellow or brown urine, yellowing skin or eyes, unusual weakness or fatigue -Stroke, a sudden numbness or weakness of the face, arm, or leg, trouble speaking, confusion, trouble walking, loss of balance or coordination, dizziness, severe headache, change in vision -Unusual vaginal discharge, itching, or odor -Vaginal bleeding after menopause, pelvic pain Side effects that usually do not require medical attention (report these to your care team if they continue or are bothersome): -Bloating -Breast pain or tenderness -Hair loss -Nausea -Stomach pain -Vomiting This list may not describe all possible side effects. *Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.*

Where should I keep my medication?

Keep out of the reach of children and pets. Store at room temperature between 15 and 30 degrees C (59 and 86 degrees F). Throw away any unused medication after the expiration date. NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.